

Monday 1/21	Tuesday 1/22	Wednesday 1/23	Thursday 1/24	Friday 1/25
<p>Health-9 No school</p>	<p>Health-9 Class rules & procedures Getting to know you worksheet</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.E—Analyze the interrelationship between environmental factors & community health. Objectives Students will be able to define controllable and uncontrollable risk factors; differentiate between infectious diseases and lifestyle diseases; explain why the leading causes of death have changed over time; identify the leading cause of death in teens. Assignment In class—Notes & discussion Take home & return—None Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.E—Analyze the interrelationship between environmental factors & community health. Objectives Students will be able to identify and describe the components of health. Assignment In class—Notes & discussion Take home & return—None Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.E—Analyze the interrelationship between environmental factors & community health. Objectives Students will be able illustrate one of the components of health. Assignment In class—Poster project Take home & return—None Upcoming event None</p>
<p>PE-11 No school</p>		<p>PE-11 Class rules & procedures</p>		<p>PE-11 Standards</p>

		Pass out locks		<p>10.4.12.A—Evaluate and engage in an individualized physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.</p> <p>10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.</p> <p>10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.</p> <p>10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.</p> <p>10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.</p> <p>10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement.</p> <p>10.5.12.F—Analyze the application of game strategies for different categories of physical activities.</p> <p>Objectives/Assignment Students will engage in a variety of lifetime physical activities.</p> <p>Upcoming event End of semester—schedule change</p>
PE-8	PE-8	PE-8	PE-8	PE-8

<p>No school</p>	<p>Class rules & procedures Pass out locks</p>	<p><u>Standards</u> 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually appropriate and support the achievement of personal fitness and activity goals. 10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in cooperative/team building activities. <u>Upcoming event</u> None</p>	<p><u>Standards</u> 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually appropriate and support the achievement of personal fitness and activity goals. 10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in cooperative/team building activities. <u>Upcoming event</u> None</p>	<p><u>Standards</u> 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually appropriate and support the achievement of personal fitness and activity goals. 10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management. 10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. <u>Objectives/Assignment</u> Students will engage in cooperative/team building activities. <u>Upcoming event</u> None</p>
------------------	--	---	---	---